



St. Peter's Hospital

Fall/Winter 2010

# St. Peter's Post

## Donor Endowment Helps Nurses at St. Peter's

Donors to St. Peter's Hospital are inspired for many different reasons. Though the motivation varies, what does not change is the fact that each and every gift to St. Peter's has a tangible impact on patient care.

For Ruth Piercy, it was her husband, Grant, who inspired her donation to the hospital. "The idea to set up a trust in honour of Grant was a few years in the making," reflects Ruth. "I always knew I wanted to do something, but I had to wait until I could save some money and figure out what I wanted it to go toward."

Ruth's late husband, Grant Budden, worked as the Business Manager at St. Peter's and she recalls him always being so impressed with the level of patient care. "It was because of his passion for the hospital that I decided to start volunteering there," said Ruth.

Five years after he began working at St. Peter's, Grant passed away from cancer at age 55 after a short battle with the disease. But Ruth's fondness for St. Peter's never wavered and she continued to volunteer there for the next 18 years.

Ruth established a trust, in the form of an annual grant, where her investment assists St. Peter's nursing students pursuing additional training in gerontology. Her only stipulation was that the award not be granted on marks alone, but rather, be awarded to those who have an affinity for working with older patients.

The Grant I. Budden Scholarship Award is presented annually at the Nurses Tea during National Nursing Week. "Seeing the impact of my donation and knowing it is making a difference has been so rewarding for me," says Ruth.

Previous grant recipient Tammy Truman reflects on how the award helped her. "It enabled me to continue my studies towards my Bachelor of Science in nursing through distance education. With one of my sons in college at the same time, this grant assisted me with tuition costs," says Tammy. "I look forward to bringing this knowledge back and applying it to my work here at St. Peter's. "It's clear that gifts like Ruth's benefit the nurse who is upgrading their skills, but that investment has double the impact on the patients of St. Peter's, who benefit from that knowledge and the enhanced level of care.



If you are interested in learning more about alternative giving options, please contact Paul McIntyre Royston at (905) 521-2100 ext. 12232.

**LIFELONG CARE, TRANSFORMED.**

Hamilton Health Sciences Foundation  
88 Maplewood Avenue  
Hamilton, ON L8M1W9  
Phone: (905) 777-3837 ext. 12247  
[www.hamiltonhealth.ca](http://www.hamiltonhealth.ca)

## New VP, Development for St. Peter's Fundraising Council

We are pleased to welcome Paul McIntyre Royston, new Vice President of Development for Hamilton Health Sciences Foundation. Paul joined the Foundation team in June and is responsible for the St. Peter's Fundraising Programs/Council. As well, he has responsibilities for fundraising at Hamilton General Hospital.

"I am honoured to join the Foundation—in just a short time I have been made to feel at home and so welcome," says Paul. "I look forward to working with our community supporters as we grow and cultivate support for this great hospital."



Paul has held Campaign Director positions with both Holland Orthopedic & Arthritic Centre as well as Sunnybrook Health Sciences Foundation.

If you see him around the halls of St. Peter's, please stop and introduce yourself. Welcome Paul!



Carol McKenna, Manager, Palliative Care and Dave McDade, Engineering stand in the partially constructed Palliative Care Family Room.

## New Palliative Care Space - a Homelike Retreat for Patients and Their Families

Construction is almost complete on a new multi-purpose family gathering room designed specifically for palliative care patients and their families. In keeping with St. Peter's mission of enhancing the lives of patients, the new space allows residents more privacy with their loved ones as they transition through their final stages of life.

It will be a flexible area that can be used for visiting, a resting space, and a place for private discussions and phone calls.

Funding for the room was made possible by two separate estate gifts from Sam and Edith Horrill and Rosalie Katherine Franks, former patients who passed away in the care of St. Peter's Palliative Care Program. These families wanted to help create more homelike spaces for patients and families spending their final weeks in the palliative setting.

"In-house resources were used as much as possible so that maximum funds could be directed to the finished product. By doing so, higher end

and warmer looking furnishings and finishes were able to be selected," says Clinical Manager, Carol McKenna.

For St. Peter's employee Dave McDade, this room was not just another job, but rather, a passion project. "I have been involved from the start, from designing the room and planning all the details to the actual construction. This room is important to me because I witness how hard it is for families to not have a private place to gather when losing a loved one. In an indirect way, I'm helping these patients and families get through these difficult times."

The area has many comforts to offer for patients and visitors including a large open kitchen and dining area, living room area with entertainment section and fireplace, laundry room, a children's play area and two quiet rooms with pullout couches and a private phone. The area is open 24 hours a day to match the visiting hours for family.

Official opening of the room is slated for fall of 2010.

## Loyal St. Peter's Volunteer Leaves Lasting Memory

These days, there are many ways to donate, but for some people, the donation of their time is the most rewarding. St. Peter's has a proud history of long-standing and caring volunteers. These people selflessly give their time and compassion to our residents and are an important part of the St. Peter's family.

Staff and patients who have been with St. Peter's for a few years likely remember Elizabeth Shipperbottom.

Elizabeth was a volunteer at St. Peter's Hospital for more than 25 years. She worked in the craft room and gift shop and her greatest joy was interacting with patients and their families. She came to know what certain families would want for their loved ones and would have their order ready and waiting for them.

"Volunteering at St. Peter's was a calling for my mom," says her daughter Bette Jayne.

"She enjoyed talking to these devoted families and admired their sense of commitment to their loved ones."



Jim and Elizabeth Shipperbottom in 2009.

When Elizabeth's husband Jim retired, he too volunteered at St. Peter's. Elizabeth and Jim would work in their respective areas and then meet for lunch.

Sadly, on June 25, 2010, Elizabeth passed away. Bette Jayne was shocked at how many St. Peter's people came to the visitation and how many stories were shared about her devotion. Bette Jayne says her parents talked often about St. Peter's, but always in terms of what they got from the hospital, never about what they gave.

Interested in volunteer opportunities at St. Peter's Hospital? Contact Cathy Williams at (905) 777-3837 ext. 12202 or visit [www.hamiltonhealthsciences.ca](http://www.hamiltonhealthsciences.ca)



Two-year-old Lochlan Andrews enjoys one of 1,400 cobs of corn consumed during the fundraising dinner.

The District A, B & C Masonic Beef & Corn Roast took place on August 25th, 2010, at the Ancaster Fairgrounds. It was a great turn out with over 700 people attending. Proceeds are supporting Alzheimer's research at St. Peter's Hospital.

**Correction:** In the last edition of St. Peter's Post, the article on the Masonic Beef & Corn Roast did not match the photo. Our apologies for any confusion this may have caused.

## A Welcome From Keith McIntyre

St. Peter's Hospital is a unique and special place serving a growing population. It provides a caring environment that respects, celebrates and honours our



family of patients through lifelong medical care. As Chair of St. Peter's Fundraising Council, I am proud to play a part in furthering the fundraising efforts that support this wonderful hospital. An example of what collective donations can accomplish is the "state of the art" Alexander Pavilion. Opened last year, the Pavilion is a gift made possible by donations large and small. It is a true gem for Alzheimer's and dementia patients and their families.

Patients live here with dignity, and feel safe while enjoying a level of independence. The Pavilion enhances the quality of life for patients and offers them a warm, open and caring environment. Whether it is the memory boxes that help the staff better understand the individual and help the patients feel at home, to the gardens and interactive art that supports emotional well-being, the Alexander Pavilion has set the standard for a hospital setting offering this level of care. Our challenge, of course is that while the Pavilion is open, our fundraising needs remain. Equipment and furnishings are still needed to complete the Pavilion. To support this effort and St. Peter's as a whole, I am pleased to welcome Paul McIntyre Royston as the new Vice President, Development. With an impressive background, I am excited that Paul has decided to share his many talents in support of St. Peter's Hospital.



Foundation

## St. Peter's Pepsi Refresh Project

### We need your help!

Pepsi is giving away \$1.2 million through an online contest and St. Peter's is getting in on the action. By voting, you can help us build the first outdoor fitness park in Ontario designed specifically for seniors.

**Please go to:**  
**refresheverything.ca/stpeters**  
**Register and vote today!**

Voting is open until October 31, 2010 and you can vote as often as once per day



**To join our Facebook group, search:**  
**St. Peter's Hospital – Pepsi Challenge**

## How to Donate

Hamilton Health Sciences is pleased to offer a variety of methods by which you can donate to support our mission of Health Care, Transformed. The choice is yours – go online, respond to a mailing, establish a monthly auto-withdrawal, honour a loved one through a memorial gift, or designate a legacy gift as you craft your will.

The decision to donate is a very personal one, and the options for how to give are many. Each year, our needs continue to increase as the cost of the medical equipment, technology and programs, that have such a huge impact on the care our patients receive, becomes more and more expensive.

Our fundraising staff is available for consultation about specific program or equipment needs and can provide more information, particularly around legacy giving. However you choose to donate, we ask that you make a donation that is comfortable for you – regardless of the amount; it ensures that we can continue to make advances in patient care.



### Mark your calendars!

The Festival of Lights, a St. Peter's tradition for over 20 years!

**Wednesday, December 1, 2010**

St. Peter's Hospital courtyard

Tree lighting ceremony: 7:00 p.m.



**Foundation**

PO Box 739 LCD 1  
Hamilton, ON L8N 3M8  
905-522-3863  
www.hamiltonhealth.ca

## Check Out the New Foundation Website



We are pleased to announce the launch of the redeveloped Hamilton Health Sciences Foundation website and all of its associated sites. The new site offers a more engaging and user-friendly experience that makes it easier to find the information you need.

The new site also provides additional information about each hospital site, as well as stories from patients whose lives have been transformed. Through text, audio and video we aim to provide you with a greater understanding of the difference your support makes in the lives of the thousands of patients we care for each and every day.

Throughout 2010 and early 2011, we will continue to add new features and interactivity to the site. We encourage you to check back often for updates on hospital projects, learn about upcoming events, read new patient stories and, of course, donate.

Please visit us at [www.hamiltonhealth.ca](http://www.hamiltonhealth.ca).

As always, comments or suggestions are appreciated - please send your feedback to [info@hamiltonhealth.ca](mailto:info@hamiltonhealth.ca).